



# CITY OF KENNER

## PRESS RELEASE

**MICHAEL S. YENNI**  
MAYOR

**FOR IMMEDIATE RELEASE**  
**March 17, 2014**

**PLEASE CONSIDER A NOTICE ABOUT OR COVERAGE OF THIS EVENT.**

## **NEWS RELEASE**

**JEFFERSON PARISH, LOUISIANA**

### **2014 Jefferson Parish Senior Citizen Exposition: Free Admission, Health Screenings, Light Refreshments, Entertainment**

The 2014 Jefferson Parish Senior Citizens Exposition will be held tomorrow, **Tuesday, March 18, 2014**, from 8:00 a.m. to 12:00 noon, at the Pontchartrain Center, 4545 Williams Boulevard, in Kenner.

This year's theme is "Spring is in the Air!" Visitors are encouraged to wear their Spring attire. Admission is free and open to the public.

The purpose of the Expo is to provide important health information, helpful community resources, and supportive initiatives to promote wellness, active lifestyles, and quality of life in a fun atmosphere for Jefferson Parish senior residents.

The Senior Expo is hosted by the Jefferson Council on Aging and sponsored by Jefferson Parish, Peoples Health, Humana, East Jefferson General Hospital, West Jefferson Medical Center, and Ochsner Health System.

The Expo will feature exhibitors introducing new products and will be offering free health screenings for blood pressure, heart disease, diabetes, cholesterol, scoliosis, and blood sugar/glucose.

Some of the featured events include live cooking demonstrations, “Conductorcise” which is natural body movement to music taught by Maestro David Dworkin, and caricature drawings.

Light refreshments, giveaways, and entertainment performed by senior dance teams within Jefferson Parish, will be offered throughout the day.

For more information contact the Jefferson Council on Aging at (504) 207-4141.

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