



NEWS RELEASE

JEFFERSON PARISH, LOUISIANA

For Immediate Release

2015 JEFFERSON PARISH SENIOR CITIZEN EXPOSITION Free Admission, Health Screenings, Lunch, Entertainment

The 2015 Jefferson Parish Senior Citizen Exposition will be held on **Thursday, March 12**, from 8:00 a.m. to 2:00 p.m., at the Alario Event Center, 2000 Segnette Boulevard, Westwego, Louisiana 70094.

Visitors are encouraged to wear attire to celebrate the theme, "Spring is in the Air!" Admission and lunch are free and open to the public.

The purpose of the Exposition is to provide important health information, community resources, and supportive initiatives to promote wellness, active lifestyles, and quality of life for Jefferson Parish senior residents.

This year's Senior Citizen Exposition is hosted by Jefferson Council on Aging and is sponsored by Jefferson Parish, Peoples Health, Walgreens, West Jefferson Medical Center, East Jefferson General Hospital, Ochsner Health System, Humana, Entergy, and Summit Insurance Agency, LLC.

The Exposition will feature over 100 exhibitor booths in a festive Spring-themed atmosphere, introducing many new products. Several exhibitors will be offering free health screenings for blood pressure, heart disease, diabetes, cholesterol, scoliosis, and blood sugar/glucose.

Some of the featured events include a Spring-themed hat contest, a live cooking demonstration, "Pierre the Pelican" and the Pelican Dance team, "Boudreaux" from the New Orleans Zephyrs, caricature drawings, and DJ, "Rockin' Ron."

Lunch will be provided and stage entertainment will be performed by senior dance teams within Jefferson Parish.

For more information on the Jefferson Parish Senior Citizen Exposition, contact Jefferson Council on Aging at (504) 207-4141.